

Courage, Character & Caring

A Safe and Caring Schools Presentation

Notes and Content Outline

Introduction:

Although most of us know right from wrong, it remains a puzzle that many of us often choose to do what is wrong rather than what is right. Some of us have great difficulty showing courage, character and caring in our behavior. This presentation is designed to challenge students to make positive choices regarding citizenship and behavior.

- Pom Pom Puzzle Trick
- Unicycle Demonstration

Dare To Be Decent (safe and caring behavior):

The word “decent” has almost been lost from our communities today. I challenge the students to be decent and become young people of true CHARACTER (Who you are when no one is looking). It takes practice and training to be decent in how you talk, in how you dress and in how you act.

-Spelling Trick: “CHARACTER”

-Acrostic Boxes: **C** is for Caring **H** - Honesty **A** – Acceptance **R** – Responsibility **A** – Authenticity

C – Courage **T** – Thankfulness **E** – Encouragement **R** – Respect

-10 Boxes Balance Trick

Dare To Believe In Yourself (develop self-esteem):

The Building Blocks or the “**A, B, C**’s” of Self Esteem are

A – Accept yourself -you can’t change eye color, height or heritage

B – Believe in yourself -you must believe that you can learn with work

C – Challenge yourself -when you challenge yourself to learn a new skill and achieve it, your self-esteem rises

-ABC Blocks Trick

Dare To Take a Stand (manage anger, prevent bullying):

A Bully is a person who repeatedly hurts others with words or with actions. The more you like and believe in yourself the less bullies will have any influence over you. I want students to take a stand for what’s right and know that they are a “Super Kids” just because they are alive.

They are “Super Special”, “Super Capable” and “Super Loveable”

-“Super Kid” Bunny Production Trick:

Dare To Be Different (respect diversity, prevent prejudice):

Don’t be fooled by outward the appearance. Even though somebody may be pretty and cool on the outside they might not be very nice on the inside. And people that look ordinary or different on the outside might be really beautiful on the inside. Judge others based on the heart, not outward appearances.

-Dare To be Different Game Show Trick

Dare To Be Courageous (resist negative peer pressure):

Courage means to “Do what’s right when the wrong is popular”. We all want to have Friends, Fun, Freedom, a Future. We often look for these things by going the “popular way” or the “easy way” to find happiness only to discover that these ways are just illusions. When we choose the right way we will ultimately discover true friends, wholesome fun, real freedom within limits and a future of integrity.

-Sword Box Trick

Dare To Be a Friend (communicate, cooperate):

Through the example of Special Olympics athletes, we can learn that “caring is more important than winning.” When others hurt us with their words or actions, we feel torn up and broken on the inside. A broken heart hurts way more than even a broken arm.

-Newspaper To Dove Trick

My Final Challenge for you is this. Are you going to tear others up with mean words and mean actions? Or are you going to show love, kindness, courage, character and caring? When you show courage, character and caring, you can help others find joy and wholeness. You may also help them discover that they have wings to fly and make a difference in your school, in your community and even change the world?